TOWN & COUNTRY OPTIMIST YOUTH BASKETBALL RULES MS 2024-2025

 GAMES officials call by UIL rules except for special T&C guidelines

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| 1. **League will play two-20minute halves with a running clock.** |  |  |
| Clock will stop approximately every 5 minutes, **all players on bench must go in**.  |
| Clock will stop for timeouts and injuries. |  |  |  |  |
| Home team provides scorekeeper, Visiting team works clock |

2. LINE-UP: use game worksheet to plan playing time(can be printed from website/coaches)

 Players will not check in, but if less than 10 players, same player cannot play all of the half.

3. WARM-UP: Team should warm-up at basket opposite of bench based on Home or Visitor.

4. TIMEOUTS 4 timeouts per team may be taken at any time during the game. In overtime team receives 1 timeout plus any not used. MAY BE CALLED BY COACH.

5 .FREE THROWS On 10th team foul per half player shoots 2.

 Regulation line,

 A technical foul counts as a personal foul

6. One Coach may stand to instruct players, but cannot obstruct view of scoretable. Coaches

 must refrain from commenting on officials calls. Improper bench decorum could result

 in a technical foul. Coach may be asked to remain seated.

7.SPORTSMANSHIP All players, coaches, & parents will exhibit good sportsmanship at all times during and after the games. All players need to shake hands after game. **Any player or coach receiving two technicals or explusion must leave the game. They will not participate in the next game,** nor be in the gym. Parents may also be asked to leave the gym.

8.Watches and Jewelry are not permitted. Please check before each game. No player may participate with a hard cast.

9. Standings and playoff seedings shall be determined by league won-loss record.

 **Special rules for Middle School League as reviewed by league commissioner and officials**

1. **UIL rules except cannot press if team is ahead by more that 10pts**
2. **Half-time will be only 2-3 minutes, discretion of commissioner,official**
3. **Only one 2-min overtime period**