

Grade 3 - 5 League Information

Instructional league with equal playing time, maximum of 12 girls per team.

Teams will be formed based on the following:

- 1) Buddy and/or coach request will be honored if received by posted deadline (provided buddy is registered & space is available on team; If more than 12 girls register for coach, the date of the registration may be used).
- 2) School or neighborhood area
- 3) If buddy/coach request conflicts with practice night availability, player will be assigned to another team
- 4) Players who register during late registration will be placed on teams with spaces (buddy/coach requests and school/neighborhood may not be considered)

This league will use the "Volley-lite" volleyball.

Knee pads are required.

Girls will play on a 7 + foot net

Server must rotate after 3 successful serves

Girls move up to serve:

underhand (10 ft line) overhand (22 ft line for 5th graders)

3rd-5th GRADE parents are needed as coaches

Coaches meeting will be held the week prior to the first practice Girls will be notified of their team/coach after team assignments are received by coaches

PRACTICE: one practice per week, either Tues or Wed at Deerpark or Canyon Vista MS, typically first practice is the last week of August

SEASON: 6 Saturday matches followed by an end-of-season tournament. Matches consist of five 8 minute games.

REFUNDS: Refunds may be requested up until the first game. Refunds requested prior to team assignment will incur a 10% admin fee, refunds after team assignment incur a 25% admin fee. NO Refunds after games begin.