



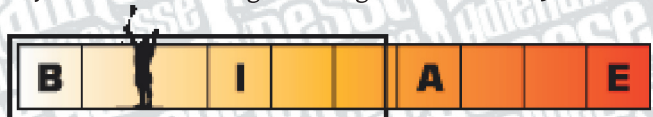
summer day camps

AUSTIN

adrenaline lacrosse

GENDER & GRADES

Boys and Girls entering 1st-12th grade in Fall 2009



ADRENA-METER: Day Camps recommended for Beginner to Intermediate/Advanced players.

A high quality day camp experience

that is marked by the highest level of qualified coaches (NCAA College Coaches, Professional Players, NCAA All-Americans, NCAA Players,), a well planned curriculum, and fun activities. It is the ideal environment for players that range from beginner to intermediate/advanced to learn the game and hone their skills. We urge you not to settle for lesser camp experiences. Learn the right way, from the right coaches, from the beginning with Adrenaline.

AUSTIN, TX:

June 29th - July 2nd

St. Stephen's Episcopal School

ADRENALINE COACHES

We proudly offer the highest level of experienced and quality coaches. Our coaches are NCAA All-Americans, MLL Professional Players, NCAA Coaches and Players. Be sure to check online at www.adrenalinelacrosse.com for a complete list of 2009 coaches.

BOY'S DIRECTOR: NOAH FINK

- University of Texas Head Coach (6th season)
- Director of Austin, TX LaxBats
- NCAA Bucknell University grad
- Landon School (Bethesda, MD)

COST & REGISTRATION

4 Days for \$325 per player**
(\$375 - price change 2 weeks prior to camp start date)

ALL registration is completed online at www.adrenalinelacrosse.com

***Online registration fee not included.*

NED BOWEN

- Coached at Coronado High School, Torrey Pines High School and Tower Hill School
- Graduate of the University of Virginia
- Team Captain 2003
- NCAA Champion 2003
- ACC Champion 2000, 2003
- Unsung Hero Award 2003
- Most Improved Player 2002
- Horace Greeley High School Graduate

ADRENALINE GOALIE FREEbie:

Sign up for the Adrenaline Goalie School and receive a FREE entry into any 2009 Adrenaline Summer Day Camp. Please check the goalie school player confirmation email for the FREE day camp coupon code.

JASON LEVESQUE

- NCAA Canisius College Assistant Coach/Defensive & Recruiting Coordinator (Div. 1)
- Former NCAA Lees-McRaw Assistant Coach (Div. 2)
- NCAA Canisius College 2004
- Native of St. Catharines, Ontario

SAMPLE SCHEDULE

Our camp schedule is designed to provide optimal learning in a fun but structured environment, while also ensuring that the kids have a great time with lacrosse and non-lacrosse activities. Designed by our directors based on years of lacrosse experience, our program is constantly adjusted and improved to ensure every player has a great time at our camps.

8:30 am	Camper Drop-Off
9:00 am	Camp Stretch
9:30 am	Agility Training & Stick Work
10:00 am	Skills Clinics
11:00 am	Practice Drills
12:00 pm	Lunch (Players must bring own lunch)
1:00 pm	Daily Contests and Games for Adrenaline & Warrior Prizes
2:00 pm	Lacrosse Games Team vs. Team
3:45 pm	Camp Wrap-Up
4:00 pm	Camper Pick-Up

Daily Schedule: 9am-4pm

detailed info on programs, registration and coaches available online at www.adrenalinelacrosse.com or by phone at 858.405.2435